



ChurchBeat

A Publication Of Saint James
United Methodist Church
Sarasota, Florida

Volume XXX, Issue I

January 2010

Bringing Christ to People, by Bringing People to Christ.

New Year's Message

FROM THE PASTOR

“Just Another New Year?”

How many times have you heard someone say, “where’d the year go? I can’t believe it’s the end of the year or first decade of the 21st century!” It IS truly amazing it seems! Even though some may have had a most difficult or challenging year, and glad to have it completed, it’s still hard to believe. Have you felt the time race by, as well? What are your New Year traditions? Is there something you always do for New Year’s?

It does seem that many have special traditions or annual events they anticipate each year at this time. Yet, with the feel and anticipation of what God is doing in our midst, I can’t help but ask you, “*will this be just another new year or will this be a genuinely NEW year?*” Will you plan to make THIS New Year, 2010, something unlike any other? This will be a NEW Year for Saint James and I pray we will allow God to be our guide as we grow forward and engage developing ministries unlike anything we’ve done before. Our Leadership Team (Church Council) has truly invested in our new Vision for growth and change in the areas of our priorities: “Passionate Worship” and “Radical Hospitality”. We have begun to see the evidence of God’s leadership and call upon our lives in times when the Leadership Team have met and begun creating new directions for growth. So, ‘YES’, 2010 will be a NEW Year – not like any other new year but the beginning of growing new experiences of allowing God’s movement in our actions and mission! **January 10** is our Vision Sunday for this year and will be an extremely important time for our church family as we reclaim our vision and priorities for this 2010!

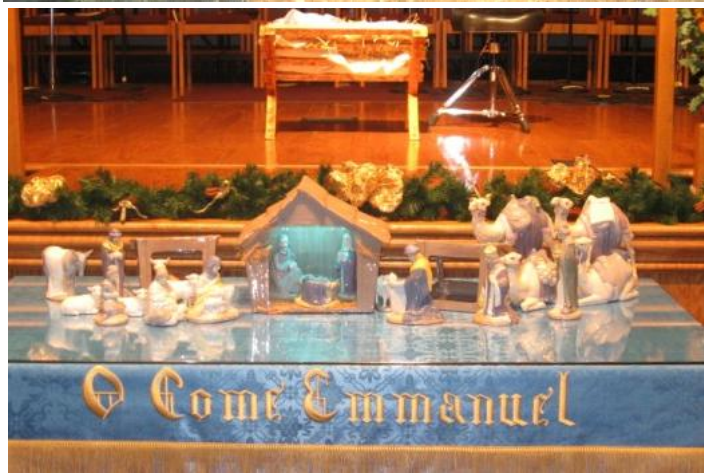
During the past 17 months that we have been in ministry together, I have heard from leadership and members numerous times, about the desire and vision of our Church family to grow and develop in areas we haven’t for some time. Obviously this involves “change” which is challenging! It seems we always struggle with change in life, doesn’t it? Certainly God understands that while yet building into our lives the reality that we are constantly designed to be growing and changing! God is leading us and yet it can still be difficult when we have patterns and experiences we’re used to which may be challenged – wherever God IS involved, you can expect the unexpected and “stirring up the flames” for growth! That’s a truth Christ described and taught in the Gospels, yet not an easy reality! It is my prayer that we genuinely are committed to what we’ve described as our desire – which is to be the church God has called us to be for HIS sake; united and learning together to focus on Him as our leader. Where there are challenges.... Matthew 18! Let’s offer God our best – our hearts, as we’ve just reaffirmed during the Christmas experience! His vision for us and His ministry through Saint James aren’t truly about you or me or any of us – it IS about CHRIST and His outreach through us, to those who have yet to know Him!

2010 will be a tremendous time for Saint James, as we allow God to empower us and use us. We have such wonderful resources in people and Spirit; “all things are possible” through this one who has “so loved” us and invited to share His love with each other and all we meet. Let’s not miss a time of worship together this month and invite a friend for the series, “**I Have a friend who...**” I am excited about doing ministry together with you in the days ahead and elated about discovering how God will continue to lead us and use us for HIS vision. Let us offer HIM our best and, with grace, offer our best to one another and Saint James in 2010! This will be one of our greatest years yet! See you in worship, Sunday.

You are loved!

Peace, kim <><





View more pictures on the back page AND at www.saintjamesumc.org and FACEBOOK

To B or Not to B

Happy New Year!!

Well, by now you have gone through the holidays and you are either sticking with your resolutions or you're not. Here is some news that is sure to help you in your quest to have a Happy New Year!

What vitamin is called the "happy pill"? Why that would be B complex!!

B vitamins are water soluble and are NOT stored in the body so you need to make sure you take them in daily. Sadly, though, most foods have had the B's processed out of them. So companies throw some synthetic B's in. B vitamins are destroyed by



medications! SUGAR, CAFFEINE, ALCOHOL, and STRESS all destroy the B complex.

B's help fatigue, skin disorders, cracks at the corner of the mouth, nervousness, and depression. This is the short list!! Do you think you get enough B's? I have a small questionnaire that you can use to see if you are in need of B's.

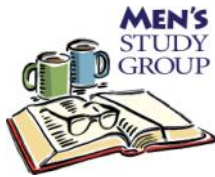
And, you may think you get it in your multiple? There are usually 8 B vitamins in multiple vitamin formulations. They will put excessively high amounts of thiamine, niacin, and riboflavin in because they are CHEAP. But then look at the amounts for Folic Acid and for Biotin...they will be *(continued on next page)*

Resurrection House continues to accept used bicycles (including ones requiring repair) to refurbish. They will then gift them to the homeless to provide needed transportation to work.



To donate, please contact **Bea Swanson** at 941-365-7839.

Early Risers Wanted



Faithkeepers I begins our coffee, study and prayer time a 6:55 AM Thursday mornings ending around 7:30 AM with group prayer. Faithkeepers I has ten year history at Saint James, having been formed with the idea of Christian men supporting each other as encouraged by the Promise Keepers program. Phone Brad Hahn (359-1839) or Chuck Headley (377-2006) for more information.

(To B or Not to B, continued from previous page) at low levels because they are VERY expensive.

The problem with this? ALL B's must be present in balanced amounts for the B's to work. You can actually create deficiencies of B vitamins by taking high amounts of isolated B vitamins like B12 or B6!!

B Complex is essential in calming hyperactivity in children with NONE of the side effects of medications. B converts fat into energy (I am thinking we will all like that!)

I think the world would be so much of a happier place if we all took a balanced B complex. Have you taken your HAPPY PILLS?

Happily submitted,
Rebecca Burke



THE UNITED METHODIST WOMEN (UMW)

want to thank all of you who attended the November Luncheon and Fashion Show and Sale. Each of you ladies who are members of Saint

James is as such a part of the **UMW** and we were blessed by your attendance at the Luncheon. **Judi Miller** spear-headed the luncheon with the help of the **UMW** board and other **UMW** members and we thank all of you who made the day possible.



Above-Models Left to Right: Trina Bauer, Christina Erickson, Rhonda Puhaly, Mary Marden, Donna Greenwood. Fashions provided by Boutique on Wheels.

The **UMW** evolved from the original Methodist Women's Group called **WSCS**, the Women's Society for Christian Service, the thrust of which was always Missions. That is still the goal of your **UMW** today and we thank you for over **\$800.00** that can be directed to Mission giving. We would also encourage you to consider being a part of one of our Circles (small groups) if you don't already have a Circle "home." We have evening as well as daytime Circles that offer wonderful Christian fellowship. A list of the Circle meeting times is always printed in the ChurchBeat Calendar and can also be found on the bulletin board in Room 309. Our next gathering will be at noon on February 6th and it will be a potluck Salad and Sandwich Luncheon. Please bring a salad or a plate of sandwiches to serve 8-10 people. The program will be a wonderful reflection time for the part in the history of Saint James played by the **UMW**. Please join us for a trip down a spirit filled memory lane!





Birthdays and Anniversaries

JANUARY 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Tori Broemel Chuck & Millie Headley	2 Nancy Matosky Corey Beard
3 Joyce Van Zandt	4 Betty Kelly Philip Colandro	5 Kathy Stone Dale & Mary Marden	6 Joan Lowther	7 Wanda Lack Jerry Getsay	8 Lee Rankin	9 Jim Johnson Lisa Collins
10 Nancy Hickok Rebekah Joy Pfaff	11 Maggie Sumney Kevin Richter	12	13 Charles Miller Jim & Barbara Davis	14 Edna Ciszewski Debbie Stouffer	15	16 Jim Newcomb
17 Beverly Noble	18 Bob Harper	19 Wilma Brown Lil Reeher Sanford Mullet	20 Revella Lee	21	22	23 Melissa Gray
24 31 Leone Ford Jack Cunningham Malcolm & Joan Lowther	25 Kayla Marshall	26 Ginger Smathers	27	28 Clara Wilkes	29 Jerry Miller	30 Eleanor Miller

January 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 7:45am Informal Traditional Service 9:10am Sunday Small Groups 9:10am Contemporary Service 11:00am Adult Sunday Small Group 11:00am Traditional Service 5:00pm Youth Group	4 7:00am Early Learning Academy 10:00am Intercessory Prayer 4:00pm Faithkeepers II 6:00pm Dance Ministry Rehearsal 7:00pm Grace Circle 7:00pm Boy Scout Troop 14 7:30pm Kensington Park (Mixed) AA 7:30pm Narcotics Anonymous	5 7:00am Early Learning Academy 4:00pm Professional Resource Network 6:00pm Oakford HOA 7:00pm Cub Scout Pack 14 7:00pm Life Anchor Rehearsal 7:00pm Boy Scout Leaders Meeting	6 7:00am Early Learning Academy 9:15am Moms in Touch 9:30am Mom's Club of Sarasota 11:30am AL-ANON - Joy of Recovery 5:45pm Discovery Night Family Meal 6:30pm Discovery Night Small Groups 7:30pm Sanctuary Choir Rehearsal 7:30pm Gambler's Anonymous	7 7:00am Early Learning Academy 7:00am Faithkeepers I 11:30am AL-ANON - Step in the Right Direction 11:30am Women's Emmaus Reunion Group 5:30pm Hand-Bell Choir Rehearsal 6:00pm Cadette Girl Scout Troop 41 7:00pm Eastpointe HOA 7:00pm Meadows Chorus Rehearsal 7:30pm Al-Anon Prayer/Meditation	8 7:00am Early Learning Academy 7:00pm AA (Women's) 7:30pm Kensington Park (Mixed) AA 9:30pm UMW Board Meeting	9
10 7:45am Informal Traditional Service 9:10am Sunday Small Groups 9:10am Contemporary Service 11:00am Adult Sunday Small Group 11:00am Traditional Service 5:00pm Youth Group	11 7:00am Early Learning Academy 8:00am AARP Safe Driving Course 10:00am Intercessory Prayer 4:00pm Faithkeepers II 6:00pm Dance Ministry Rehearsal 7:00pm Trustees 7:00pm Boy Scout Troop 14 Committee Meeting 7:00pm Cub Scout Pack 14 Leaders Meeting 7:00pm Boy Scout Troop 14 7:15pm UMW Meeting 7:30pm Narcotics Anonymous 7:30pm Kensington Park (Mixed) AA	12 7:00am Early Learning Academy 8:00am AARP Safe Driving Course 1:30pm Messiah Circle 4:00pm Professional Resource Network 7:00pm Life Anchor Rehearsal 7:00pm Cub Scout Pack 14	13 7:00am Early Learning Academy 9:15am Moms in Touch 11:30am AL-ANON - Joy of Recovery 5:45pm Discovery Night Family Meal 6:30pm Discovery Night Small Groups 7:30pm Gambler's Anonymous	14 7:00am Faithkeepers I 7:00am Early Learning Academy 11:30am Women's Emmaus Reunion Group 11:30am AL-ANON - Step in the Right Direction 5:30pm Hand-Bell Choir Rehearsal 6:00pm Cadette Girl Scout Troop 41 7:00pm Meadows Chorus Rehearsal 7:00pm Staff Parish Relations Team 7:30pm Al-Anon Prayer/Meditation	15 7:00am Early Learning Academy 7:00pm AA (Women's) 7:30pm Kensington Park (Mixed) AA	16 8:00am Pancake Breakfast
17 7:45am Informal Traditional Service 9:10am Contemporary Service 9:10am Sunday Small Groups 11:00am Adult Sunday Small Group 11:00am Traditional Service 5:00pm Youth Group	18 Martin Luther King Day - Office Closed 6:00pm Dance Ministry Rehearsal 7:00pm Finance Team 7:00pm Boy Scout Troop 14 7:00pm Suncoast Emmaus Board Meeting 7:30pm Narcotics Anonymous 7:30pm Kensington Park (Mixed) AA	19 7:00am Early Learning Academy 4:00pm Professional Resource Network 6:00pm Community Team Meeting 7:00pm Faithsharing Circle 7:00pm Life Anchor Rehearsal 7:00pm Cub Scout Pack 14	20 7:00am Early Learning Academy 11:30am AL-ANON - Joy of Recovery 5:45pm Discovery Night Family Meal 6:30pm Discovery Night Small Groups 7:30pm Gambler's Anonymous	21 7:00am Early Learning Academy 7:00am Faithkeepers I 11:30am AL-ANON - Step in the Right Direction 12:00pm Friendship Circle 5:30pm Hand-Bell Choir Rehearsal 6:00pm Cadette Girl Scout Troop 41 7:00pm Meadows Chorus Rehearsal	22 Women's Retreat Leesburg 7:00am Early Learning Academy 7:00pm AA (Women's) 7:30pm Kensington Park (Mixed) AA	23 Women's Retreat Leesburg
24 Women's Retreat Leesburg 7:45am Informal Traditional Service 9:10am Contemporary Service 9:10am Sunday Small Groups 11:00am Adult Sunday Small Group 11:00am Traditional Service 5:00pm Youth Group	25 7:00am Early Learning Academy 6:00pm Dance Ministry Rehearsal 7:00pm Boy Scout Troop 14 7:00pm Church Council Meeting 7:30pm Narcotics Anonymous 7:30pm Kensington Park (Mixed) AA	26 7:00am Early Learning Academy 4:00pm Professional Resource Network 7:00pm Life Anchor Rehearsal 7:00pm Cub Scout Pack 14	27 7:00am Early Learning Academy 11:30am AL-ANON - Joy of Recovery 5:45pm Discovery Night Family Meal 6:30pm Discovery Night Small Groups 7:30pm Gambler's Anonymous	28 7:00am Early Learning Academy 7:00am Faithkeepers I 11:30am AL-ANON - Step in the Right Direction 5:30pm Hand-Bell Choir Rehearsal 6:00pm Cadette Girl Scout Troop 41 7:00pm Meadows Chorus Rehearsal	29 7:00am Early Learning Academy 7:00pm AA (Women's) 7:30pm Kensington Park (Mixed) AA	30 2:00pm Cook for Gifts From God
31 7:45am Informal Traditional Service 9:10am Sunday Small Groups 9:10am Contemporary Service 11:00am Adult Sunday Small Group 11:00am Traditional Service 3:00pm Serve & Minister at Gifts From God						

THE INTERCESSORY PRAYER SMALL GROUP

that meets every Monday Morning from 10:00 am to 11:00 am is open to everyone. If you are interested, please call Rose Johnson for more information at 342-8254.



FAITH COMMITMENT CARDS

If you have not returned your Faith Commitment card to the office, please do so as soon as possible.



This will help us determine our ministries for 2010. Thanks! The Stewardship Team

Goodwill's Faith Care Connection & Us

Saint James United Methodist Church and most UMCs in North Sarasota County are members of Goodwill's Faith Care Connection. The Faith Care Connection will... "Help anyone with anything for as long as it takes." What that means is, if you or your friends and family would like to learn of how to access the approximately 1,500 free programs in Sarasota County, simply contact the church office. Both over the phone and in face-to-face meetings, the Faith Care Connection will help you identify the resources you are interested in and assist you in receiving them.



The mission of the Faith Care Connection is to help members and friends of our faith community navigate their way through the sometimes treacherous sea of information concerning Sarasota's social service programs. First, the Connection provides manuals and training to volunteers and staff at the church. Secondly, Goodwill's resources, such as the Job Connection, provide job-seekers with free job placement, or Goodwill's Housing Team's HUD-certified counselors assist with free foreclosure prevention.

Examples of the free assistance include job placement, foreclosure prevention, rent and utilities assistance, food, clothing... "Anything for anyone for as long as it takes." For confidential guidance, or to volunteer to be part of Goodwill's Faith Care Connection, call the church office or Goodwill's Zach at 941-400-3129.

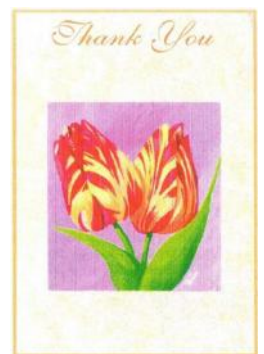
Zachariah McNaughton, Goodwill Faith Care Connection



The Early Learning Academy will begin enrolling for the Fall 2010 VPK program beginning February 1st. The program will be a 9 am to 12 noon program that will be available as part time program (5 days/1/2 day) or a full time program. The Early Learning Academy offers a developmentally

appropriate, academic program in a Christian setting to prepare children to be competent, successful learners in kindergarten. There are also available spaces for children ages 6 weeks to 4 years in our regular full time program for Fall 2010. Stop by and tour, meet the staff and learn about our Early Learning Academy. Call Valerie, the director at 342-0191 for more information.

*Being very thoughtful
Seems to be your specialty,
And so this brings
With warm appreciation
Within this "Thank you"
That is sincere as it can be.*



*From: The Principal,
Staff & Students of the
St. Joseph's Primary
School*

Vernice Rogers

Thank you from the school receiving the children's books in Saint Kitts, British Virgin Islands

COUPLES' RETREAT AT LEESBURG

MARCH 12-14 & 19-21, 2010

I eagerly encourage all couples to attend the Couples' Retreat even if you and/or spouse also are attending or have attended the respective Men's and Women's Retreats. If you cannot attend both, then choose the couple's Retreat. I assure you it will be a time of togetherness and a spiritually engaging experience for you both as you spend time with each other in a truly Holy place.

If you have not been to a Leesburg Retreat and enjoyed the beauty and serenity of the grounds, the lake that surrounds it and the Spirit of God



**COUPLES
RETREATS**

surrounding you—you need to go.

Also, if you are already planning to go PLEASE LET ME KNOW so that I can coordinate you with the other Saint James folds who are going.

We carpool so not everyone has to drive unless you prefer to drive

yourself in which case I would still appreciate knowing who is going. P.S... You do not have to be a member of Saint James in order to join us at these Retreats. Have friends from another church or out of town wishing to join you or us? Not a Problem. Let me know. For more details or just a question, please call me, Margaret Hackett at 952-9132. Please leave a message, if I am not available.

United Methodist Men Of Saint James

Leo Masucci

The UMM held their first meeting in over a year on December 7th. Those in attendance were: Pastor Kim, Jim Winding, Lacy Ray, Alva Howard, Dave Zoetewey, Brian Erickson, Brandon White, John Hackett and Leo Masucci.



Leo - Pres.



Al - VP.

The selection of officers were voted on and approved by those attending. Officers are:
President - Leo Masucci
Vice President - Alva (Al) Howard
Treasurer - John Hackett

There is still an opening for the Secretary position. If any one feels as if the Holy Spirit is calling them to get involved with the core team of the United Methodist Men ministry, maybe this is for you.

For 2010 we decided to focus on the following missions:

Saint James Scholarship Fund
Heifer International
Resurrection House
Helping Hands
Society of Saint Andrews
Kiva

In the coming year we are planning to have a men's one day retreat at Saint James. We are also planning to have a men's mission trip to a needy area in Florida or a nearby state, Alva Howard is leading this mission. When you see Alva about ask him about sharing your ideas on this subject.



John - Treas.

The UMM have decided on these 2010 events:

January 16th - Pancake Breakfast

February 20th - BBQ

March 13th - BBQ

April 16th - Fish Fry

May 15th - Pancake Breakfast

June (open date) Horseshoes contest and cook out

July, August, September - No planned events

October (open date) Florida Conference of United Methodist Men's Retreat at Leesburg

November 13th - Pancake breakfast

December - Merry Christmas

The next UMM meetings will be on January 11th & February 1st @ 7:15PM. Please join us; we appreciate your thoughts and fellowship.



Office Hours: Mon - Fri 9 AM - 4 PM
 Phone: (941) 377-6180
 Fax: (941) 378-8911
 Emergency Number: (941) 866-8141
 E-Mail: faith@saintjamesumc.org
 Senior Pastor: Rev. Kim M Joyner
 Assistant Pastor: Brian Russell

Saint James United Methodist Church
 2049 North Honore Avenue
 Sarasota, FL 34235

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Return Service Requested

Ministers: The People of Saint James
Director of Music Ministries: LaTerry Butler
Director of Student Ministries: Brian Erickson
Ministry Manager: Trina Bauer
Business Administrator: Jo Jefferson
Director of Saint James
Early Learning Academy: Valerie Colbert
Leader of Laity: Judy Snodgrass
Church Council Chair: David Zoetewey
ChurchBeat Editors: Trina Bauer
 trina@saintjamesumc.org
 Traci Thompson



Postmaster, Please Deliver by January 7, 2010



7:45 AM - Informal Worship Service (HOLY COMMUNION First Sunday of the Month)
 9:10 AM - Contemporary Service (HOLY COMMUNION Every Sunday)
 11 AM - Traditional Worship Service (HOLY COMMUNION First Sunday of the Month)
 9:10 AM + 11:00 AM - Sunday Small Groups



Go to www.saintjamesumc.org and click on the link for *Virtual BookStore*. Save 20% and Earn 5% cash back for the church!!! Books, Bibles, music CDs, and more. Check it out today!

Saint James UMC
 ONLINE STORE
 ...on our church website!



MORE CHRISTMAS-TIME PARTICIPANTS: Above Left: Ministry In Motion performed to "How Many Kings?" by Downhere. (View video from December 20's Worship service thru the Facebook connection at www.saintjamesumc.org.) Above Right: Caroling at Beneva Park Club were Spencer Bruce, Jeremy Erickson, and Bryan Bruce, among others.